

YOUNG
Professional **UNGG**
Professional **FELLOWSHIP**

EVENT REPORT
BALI



Table Of Content



- 01 >> Event Motives
- 02 >> Areas Covered
- 03 >> Acknowledgment
- 04 >> Message from the Organizing Committee
- 05 >> Introduction to YPF Bali 2024
- 06 >> Event Day 1
- 07 >> Event Day 2
- 08 >> Event Day 3
- 09 >> Key Take Away
- 10 >> Achievements of YPF Bali 2024



Event Motive

The Young Professional Fellowship held amid the breathtaking deep valleys, volcanic cones and exotic flora of Bali , successfully brought together young social activists from diverse origins to take part in experiential learning of leadership and empowerment. Moreover, the fellowship focused on training young individuals under guidance of experts from the fields of social work, psychology and communication, in order to prepare a force of all-rounder and excellent young leaders.



Areas Covered

- » Mental health: Complexities and Care
- » Confidence building: Formal vs Informal ways of learning
- » Leadership: Conventional vs Unconventional ways
- » Global Collaborations: Formation and Importance
- » Model United Nations on innovation and problem solving

In Acknowledgement

Firstly, all our gratitude is for God Almighty, the divine power who planted the seeds of empathy in our hearts and allowed us to take a step towards resolving the miseries of those around us.

Following the statement of Martin Luther King, "We must learn to live together as brothers or perish together as fools", YPF Bali 2024 successfully depicted the impact generated by a force of united young individuals, all indulged in changing the world for the better.

We are humbled to have all our acknowledged partners right by our side as we navigated the paths of Peace. May God be with you in your future endeavors.





Message from the Organizing Committee:

"YPF Bali 2024 provided a valuable learning experience for both our organizing team and the delegates who came from all over the world for this fellowship. Despite facing some challenges, our collaborative efforts allowed us to navigate them successfully. Our goal was to build a network of young individuals eager to learn and be empowered to serve their communities in innovative ways. We were proud to offer these emerging change makers unique opportunities to showcase their diverse backgrounds along with engaging in experiential learning and enjoyable activities. The dedication and participation of the delegates made our work easier and inspired optimism for the future. The organizing committee carefully planned various sessions, including team games and panel talks, to help delegates learn about leadership and teamwork while confidently expressing their views in line with the UNSDGs. We extend our heartfelt thanks to everyone involved in YPF Bali 2024 for their invaluable contributions to the event's success. It was a pleasure to introduce our delegates to Bali's warm hospitality and beautiful landscapes, and we hope they found the experience both educational and unforgettable".



Following the pattern of past successful fellowship programs, YPF Bali 2024 focused on:

- » Establishing a tightly woven network comprising of experts, intellectuals, and youth to help young individuals learn about leadership and empowerment through unconventional ways.
- » Promoting cross-cultural dialogue and interaction through ice-breaking initiatives, cultural showcases, and exchange of diverse narratives created an atmosphere where individuals from various backgrounds could experience mutual respect and appreciation.



Introduction: YPF BALI '24: Day 1-3

Theme of the Event:
"Innovation, Unconventionality
and Experience"



Day 01

The first day of YPF Bali 2024 began as the delegates gathered around the ballroom in preparation for the event opening at the Pullman Hotel, known for its scenic view and incredibly sustainable structure. Travels ranged anywhere from one to thirty hours all in preparation for a week of team building, networking, and cultural enrichment. Their passion was reflective of the will they possessed to drive positive social change as leaders of youth. Upon registration, the delegates were handed over the YPF merchandise folders, containing customized stationary, clothing pieces and bands to give them a sense of collective identity as YPF Bali delegates.



Moreover, the delegates were divided into specific teams for the activities and games later in the event and to enhance the spirit of team building, they were provided with caps of their respective teams. Each team was designed to be representative of all regions and identities because in true diversity, there is strength.



For the official start of the event, delegates were seated in the central ballroom and were warmly welcomed by the hosts. The hosts hinted on the event agenda and welcomed YPF Chairman Mr. Kamran Zafar for his opening remarks.

Mr. Zafar enthusiastically welcomed the delegates and informed them about YPF embarking on an extraordinary journey of embracing unconventional ways of learning through engaging activities and innovative games designed to teach leadership and empowerment. He further added that YPF's mission is to inspire and equip the participants with tools for experiential learning along with fostering skills and insights that will prepare them to become the leaders of tomorrow. "Together", he said, "let us dive into this transformative experience, where every challenge is an opportunity, and every game is a lesson, as we pave the way for a brighter, more dynamic future. Welcome to Bali, and welcome to the future of leadership."

After Mr. Kamran Zafar, Vice Chairman YPF, Mr. Muhammad Ahmad took to the stage and after welcoming the delegates and touching upon the history of YPF, encouraged the delegates to initiate impactful steps in their communities with YPF by their side.

He said, "At YPF, we are committed to supporting your initiatives and guiding you on your journey to becoming the leaders of the future. Together, we will explore new horizons, forge lasting connections, and develop the skills necessary to make a meaningful impact". He wished everybody present an enjoyable and learning time at the event. After the speech, the delegates were asked to have a moment of silence for the current crises in Gaza, to show moral solidarity with the cause and the lives in despair.



Ice-Breaking Activity

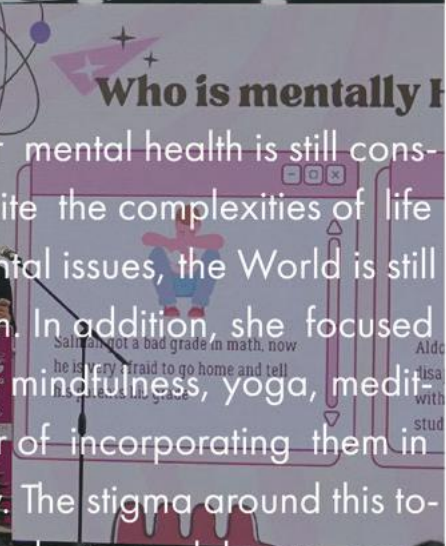
To have an exciting start of YPF Bali, the hosts announced the introductory “Ice-breaking Activity”, where the delegates were asked to introduce themselves to the person next to them and learn more about each other by conversing on unique facts about their personalities and countries. After which, random participants were selected to introduce their partner to the whole group, allowing the entire group to be familiarized with each other.



Following the opening activity and speeches, participants met their first esteemed speaker, Ms Yovania Asyifa, founder of mental health platform PASTI.ID, guiding the audience on the importance of mental health. Through her words, Ms. Asyifa advocated for more open conversations about mental health.



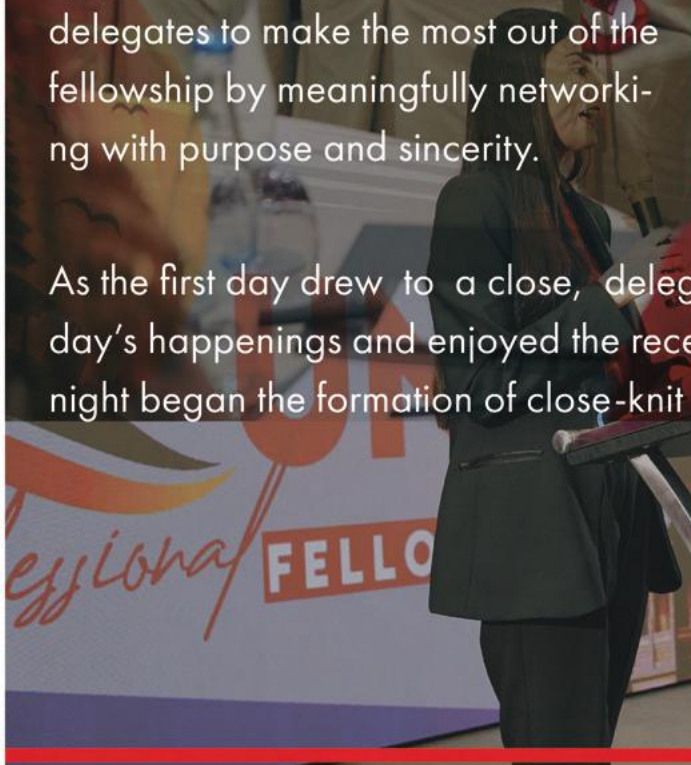
She briefed on the manner mental health is still considered a taboo and despite the complexities of life and increased level of mental issues, the World is still reluctant to talk about them. In addition, she focused on everyday practices like mindfulness, yoga, meditation etc. and the manner of incorporating them in daily life with consistency. The stigma around this topic was challenged through open delegate conversations.



After this valuable session, Ms. Fibha Frameen closed the evening with inspiring closing remarks encouraging the delegates to make the most out of the fellowship by meaningfully networking with purpose and sincerity.



As the first day drew to a close, delegates socialized with each other, discussed the day's happenings and enjoyed the reception dinner at the Pullman Hotel. The end of the night began the formation of close-knit friendships and group photos.



Day 02

The second day began with the arrival of delegates at the Pullman Ballroom where they were welcome with a cultural performance exemplifying Bali's unique culture through dance. The colorful and glimmering costumes of the dancers along with their splendid dance moves were thoroughly enjoyed by the audience. The performance helped spread excitement and joy in the atmosphere.



Following the performance, it was time for opening remarks by Mr. Kamran Zafar proved to be the source of empowerment for the delegates. Mr. Zafar encouraged the delegates to utilize this unique three-day opportunity to build timeless connections and take it as a chance to collectively plan and later implement groundbreaking community projects through collective efforts.



After the opening speech , the hosts announced the “Delegates Social Presentation” session, in which willing participants took to the stage to present their social initiatives before a global audience and showcase the difference they are making in their respective areas of influence. Some notable presentations were given by Brazilian delegate Rodrigo Tadeu on his project I Iluminados and Swiss delegate Anja Cattaneo on her work on Mental Health in London. The purpose of such initiatives is to build confidence and improve communication skills of the delegates presenting along with garnering support, resources and appreciation for the projects presented by them. The projects presented were truly inspiring, ranging from gender empowerment, poverty elimination and literacy building initiatives, showcasing in true sense, the practical skills and passion possessed by the delegates.



Following the presentations, the esteemed speaker, Ms. Astrid Nadya Rizqita, President at OIC Youth Indonesia, delivered a session on “Unconventional ways of leadership”. In the session, Ms. Nadya guided the delegates to lead from the bottom up, specifically targeting youth education and activism. According to her, unconventional leadership in today's world involves innovation, adaptability, and empathy, breaking away from traditional hierarchical models of control. It values diverse perspectives, encourages creative problem solving, and fosters inclusive environments where every voice is heard and respected. In addition, she said that this approach prioritizes collaboration over competition, focusing on the holistic development of individuals and teams. Lastly, she mentioned that by leveraging today's technology, promoting lifelong learning, and remaining agile in the face of change, unconventional leaders drive progress and inspire others to reach their full potential, paving the way for a more dynamic and resilient future, not merely for themselves, but for everyone around them. She encouraged the delegates to follow the path of unconventional leadership, embrace change and be the changemakers of tomorrow.



Global Collaboration and Networking Opportunities

It was time for the "Young Leaders Panel Talk" discussing "Global collaboration and networking opportunities", including Ms Sururoh Tullah, Ms Bilquis Ariffin, Mr Fauzan Al-Rasyid, Ms Mizhgon Bakhti and Ms Anak Agung Istri. The Young Leaders talk gave the delegates opportunities to hear about local work in Indonesia and the impact that targeting youth and the media has on activism. The panel provided diverse perspectives on the importance of global collaboration. The crux of the discussion included that global collaboration and networking opportunities for youth in today's world are pivotal for fostering innovation, cultural exchange, and professional growth. With technology bridging geographical divides, young people can engage in international projects, share diverse perspectives, and develop solutions to global challenges. These interactions enhance their skills, broaden their horizons, and create pathways for future leadership roles. The panel touched upon the importance of events like YPF Bali, by participating in which youth can build meaningful connections, gain valuable insights, and contribute to a more interconnected and progressive world.



After the panel talk, it was time for a well-needed lunch break, where the delegates enjoyed Bali's cuisine and discussed among themselves their learnings from the sessions held prior.



Energized from the lunch, the delegates were all ready to participate in the experiential forms of learning through Hula Hoop Ring Pass and Human Tic Tac Toe. In Holla Hope Ring Pass, the delegates were asked to stand in line, holding hands with individuals on their sides. Here, a ring was provided to the first delegate in line, where it needed to be passed from one person to another through body flexibility and adjustments. This taught the delegates the importance of team building and collective work ethic, as the ring passing required tolerance, flexibility and strategic thinking in order to be passed on.



The next game, Human Tic Tac Toe, was a reformation of the original tic tac toe game, but including humans. Both the games were thoroughly enjoyed by everyone. The delegates participated with full zeal and helped YPF achieve its goal of enjoyable learning. These group activities foiled into lessons on how delegates should approach the greater global community and their everyday work life.

On a fun note, day two came to an end, with delegates willingly showing up for the interview sessions, discussing their experience of YPF Bali 2024 thus far.



Day 03

The third and last day of Young Professional Fellowship Bali began with a cultural walk, inviting every delegate to the stage to represent the flag of their home country amongst an audience of fellow delegates. The walk is specially included to provide a platform of representation to the delegates so they could showcase unique tenets of their identities with pride and get it acknowledged by others. The provision of such stages is necessary in an era where culture and identity are painted as markers of shame for many.



Following the cultural walk, it was time for a session of Model United Nations on state level issues, enabling conversation and focus amongst the delegates on the issues of their fellow delegates' home-countries. This MUN session assigned each group the task to focus on how one of their group member's states is tackling the problems present and what sort of innovations are necessary to resolve them. Following the group discussion, each team was invited on stage to present their innovations and solutions needed in each nation. Some delegates notably talked about the struggle for open activism in their nation while others focused on health inequality and youth education, all advocating for positive change.



Following these inspiring presentations, delegates took a lunch break before the afternoon team-building sessions. The sessions began with a treasure hunt, inviting all teams to search in and around the ballroom to work together following the given clues. The treasure hunt was designed and included to help the delegates work in teams and learn how to strategically plan, conceptually comprehend and implement, in order to achieve a set objective, all while enjoying the experience.



After the treasure hunt, it was time for the award ceremony where each delegate was given a personalized certificate of achievement by the esteemed Chairman and Vice Chairman of YPF, Mr. Kamran Zafar and Mr. Muhammad Ahmad, for their dedication to creating an opening learning environment.



Once the recognition ceremony concluded, the team results of the week were announced, rewarding the winning team, "The Rule Breakers". The Rule Breakers were all presented with a prize, encouraging them to be work with similar passion in the future and become part of the upcoming YPF opportunities.



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The week ended with plenty of goodbyes, contact sharing, and feedback interviews where the delegates shared their personal experiences of being at the fellowship. After that, everybody was called for a group photo, where the gathered group was a representation of diversity and unity simultaneously. As the day ended, delegates left for their home countries with a mindset of change, an emphasis on youth leadership, and investment into the global community.



Key Takeaways:

- » Considering the complexities of today's World, consideration of mental health is not merely important in personal life but equally crucial for effective leadership.
- » Technology is a positive source of global collaboration for Youth, where it could be utilized to share perspectives, develop innovative solutions of global issues and create a community of likeminded changemakers.
- » Learning about unconventional leadership opens up doors for creativity as it values diverse perspectives, encourages creative problem solving, and fosters inclusive environments where every voice is heard and respected.

Achievements of YPF Bali 2024:

- » YPF Bali 2024 hosted audiences from around the World, specifically from 65+ States, thus creating a diverse group of delegates.
- » Getting Global and Local recognition for our efforts towards youth empowerment and covered by various international and local media houses.
- » Showcasing the tourist destinations of Bali to the delegates.
- » Conducting impactful leadership and empowerment sessions through experiential activities

Young Professional Fellowship credits Ms. Alya Farooq (Research and Development department YPF), Ms. Fibha Farmeem and Ms. Cara Sowa (Delegates YPF Bali 2024) for writing and compiling this report, and Alishba Shahid (Graphic designer YPF) for designing this report.